

REFORMATION LUTHERAN CHURCH
Serving Absecon - Galloway Township
Rev. Heidi Link – Pastor
Brian Conover - Music Director

Sunday, March 8th, 2026
THE THIRD SUNDAY IN LENT / 8:30 & 10:00 AM

*** CONFESSION AND FORGIVENESS**

Blessed be the holy Trinity, † one God, who forgives all our sin, whose mercy endures forever.
Amen.

Let us confess our sin before God, who removes our guilt and blots out all offenses.

Silence is kept for reflection.

Gracious God,

have mercy on us according to your steadfast love.

For seeking worldly delights that deceive us and dishonor you: Gracious God,

have mercy on us according to your steadfast love.

For desiring self-reliance instead of hungering for your word: Gracious God,

have mercy on us according to your steadfast love.

For failing to recognize your coming reign, and for hindering the work of the Spirit: Gracious God,

have mercy on us according to your steadfast love.

For drawing from the well of self-serving ambition, and for disdainning the living water Christ offers:

Gracious God,

have mercy on us according to your steadfast love.

For disregarding voices from the margin, and for distrusting signs of your healing and hope in the world:

Gracious God,

have mercy on us according to your steadfast love.

For dwelling in tombs of self-pity and discontent, and for disregarding Christ's call to come forth to life:

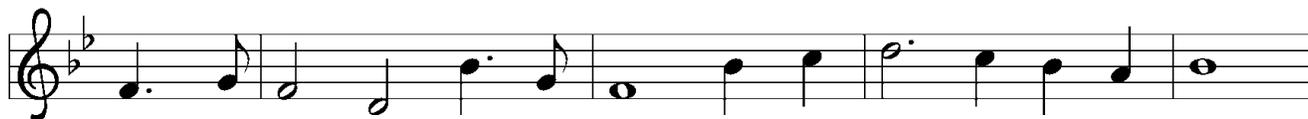
Gracious God,

have mercy on us according to your steadfast love.

God's steadfast love, grace, and forgiveness abound. Through faith, the free gift of God, you have been clothed in the righteousness of Christ. In the name of † Jesus Christ, your sins are forgiven. The Spirit of the One who raised Christ from the dead dwells in you, pours God's love into your hearts, and gives you life and peace. **Amen.**

* OPENING SONG

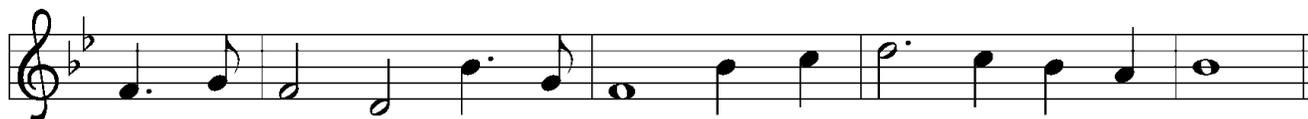
Rock of Ages, Cleft for Me



1 Rock of A - ges, cleft for me, let me hide my - self in thee;
2 Not the la - bors of my hands can ful - fill thy law's de - mands;
3 Noth - ing in my hand I bring; sim - ply to thy cross I cling.
4 While I draw this fleet - ing breath, when mine eye - lids close in death,



let the wa - ter and the blood, from thy riv - en side which flowed,
could my zeal no res - pite know, could my tears for - ev - er flow,
Na - ked, come to thee for dress; help - less, look to thee for grace;
when I soar to worlds un - known, see thee on thy judg - ment throne,



be of sin the dou - ble cure; cleanse me from its guilt and pow'r.
all for sin could not a - tone; thou must save, and thou a - lone.
foul, I to the foun - tain fly; wash me, Sav - ior, or I die.
Rock of A - ges, cleft for me, let me hide my - self in thee.

Text: Augustus M. Toplady, 1740–1778

Music: TOPLADY, Thomas Hastings, 1784–1872

* GREETING & PRAYER OF THE DAY

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

Let us pray: Merciful God, the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen**

FIRST READING: Exodus 17:1-7

1 The whole Israelite community set out from the Desert of Sin, traveling from place to place as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink.
2 So they quarreled with Moses and said, "Give us water to drink." Moses replied, "Why do you quarrel with me? Why do you put the Lord to the test?"
3 But the people were thirsty for water there, and they grumbled against Moses. They said, "Why did you bring us up out of Egypt to make us and our children and livestock die of thirst?"

4 Then Moses cried out to the Lord, “What am I to do with these people? They are almost ready to stone me.” 5 The Lord answered Moses, “Go out in front of the people. Take with you some of the elders of Israel and take in your hand the staff with which you struck the Nile, and go. 6 I will stand there before you by the rock at Horeb. Strike the rock, and water will come out of it for the people to drink.” So Moses did this in the sight of the elders of Israel. 7 And he called the place Massah and Meribah because the Israelites quarreled and because they tested the Lord saying, “Is the Lord among us or not?”

RESPONSIVE READING: Psalm 95

- ¹ Come, let us sing to the LORD;
let us shout for joy to the rock of our salvation.
- ² **Let us come before God’s presence with thanksgiving
and raise a loud shout to the LORD with psalms.**
- ³ For you, LORD, are a great God,
and a great ruler above all gods.
- ⁴ **In your hand are the caverns of the earth;
the heights of the hills are also yours.**
- ⁵ The sea is yours, for you made it,
and your hands have molded the dry land.
- ⁶ **Come, let us worship and bow down,
let us kneel before the LORD our maker.**
- ⁷ For the LORD is our God, and we are the people of God’s pasture and the sheep of God’s hand.
Oh, that today you would hear God’s voice!
- ⁸ **“Harden not your hearts,
as at Meribah, as on that day at Massah in the desert.**
- ⁹ There your ancestors tested me,
they put me to the test, though they had seen my works.
- ¹⁰ **Forty years I loathed that generation, saying,
‘The heart of this people goes astray; they do not know my ways.’**
- ¹¹ Indeed I swore in my anger,
‘They shall never come to my rest.’”

SECOND READING: Romans 5:1-11

¹ Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, ² through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. ³ Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; ⁴ perseverance, character; and character, hope. ⁵ And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.

⁶ You see, at just the right time, when we were still powerless, Christ died for the ungodly. ⁷ Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. ⁸ But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

⁹ Since we have now been justified by his blood, how much more shall we be saved from God's wrath through him! ¹⁰ For if, while we were God's enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life! ¹¹ Not only is this so, but we also boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

LIGHTING OF THE "CROWN OF THORNS" WREATH (CANDLES 1, 2 & 3)

In the Exodus story, we read of the Israelites wandering in the wilderness and lifting up their complaints to God... of being hungry, of being thirsty, of feeling abandoned. If we are honest about our daily walk with God, we admit that we, too, are often like the Israelite. We too often lose faith in God's goodness and in God's providence. For the Israelites, God continued to provide for their needs... sending bread from heaven and making water spring forth from a rock.

In the same way, no matter what the wilderness may look like in our lives – a great loss that we are living through, a deep sadness that we are walking through, or unanswered questions that we are having to live with – God is faithful, God continues to provide for our needs and will never, ever abandon us.

Let us pray together:

Heavenly Father, throughout these forty days, unseal within us the wellspring of your grace, cleanse our hearts of all that is not holy, and cause your gift of new life to flourish once again. Amen.

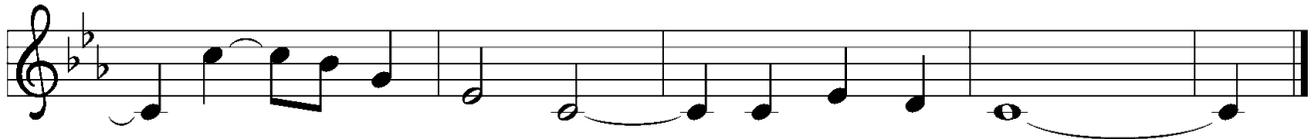
* SONG OF PRAISE

I Want Jesus to Walk with Me

1 I want Je - sus to walk with me;
 2 In my tri - als, Lord, walk with me;
 3 When I'm in trou - ble, Lord, walk with me;

I want Je - sus to walk with me;
 in my tri - als, Lord, walk with me;
 when I'm in trou - ble, Lord, walk with me;

all a - long my pil - grim jour - ney,
 when my heart is al - most break - ing,
 when my head is bowed in sor - row,



Lord, I want Je - sus to walk with me.
Lord, I want Je - sus to walk with me.
Lord, I want Je - sus to walk with me.

Text: African American spiritual
Music: SOJOURNER, African American spiritual

* **THE WORD OF GOD: John 4:5-42**

A reading from the Gospel of St. John:

5 So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. 6 Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon. 7 When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?" 8 (His disciples had gone into the town to buy food.)

9 The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.) 10 Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." 11 "Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water? 12 Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?" 13 Jesus answered, "Everyone who drinks this water will be thirsty again, 14 but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

15 The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water." 16 He told her, "Go, call your husband and come back." 17 "I have no husband," she replied. Jesus said to her, "You are right when you say you have no husband. 18 The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true." 19 "Sir," the woman said, "I can see that you are a prophet. 20 Our ancestors worshiped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem."

21 "Woman," Jesus replied, "believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. 22 You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. 23 Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. 24 God is spirit, and his worshipers must worship in the Spirit and in truth." 25 The woman said, "I know that Messiah" (called Christ) "is coming. When he comes, he will explain everything to us." 26 Then Jesus declared, "I, the one speaking to you—I am he."

27 Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, "What do you want?" or "Why are you talking with her?" 28 Then, leaving her water jar, the woman went back to the town and said to the people, 29 "Come, see a man who told me everything I ever did. Could this be the Messiah?" 30 They came out of the town and made their

way toward him. 31 Meanwhile his disciples urged him, “Rabbi, eat something.” 32 But he said to them, “I have food to eat that you know nothing about.” 33 Then his disciples said to each other, “Could someone have brought him food?” 34 “My food,” said Jesus, “is to do the will of him who sent me and to finish his work. 35 Don’t you have a saying, ‘It’s still four months until harvest’? I tell you, open your eyes and look at the fields! They are ripe for harvest. 36 Even now the one who reaps draws a wage and harvests a crop for eternal life, so that the sower and the reaper may be glad together. 37 Thus the saying ‘One sows and another reaps’ is true. 38 I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labor.”

39 Many of the Samaritans from that town believed in him because of the woman’s testimony, “He told me everything I ever did.” 40 So when the Samaritans came to him, they urged him to stay with them, and he stayed two days. 41 And because of his words many more became believers. 42 They said to the woman, “We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Savior of the world.”
Word of God, Word of Life.

Thanks be to God.

SERMON

CONGREGATIONAL SONG

Wade in the Water

Refrain

All



Wade in the wa - ter, wade in the wa - ter, chil - dren,



wade in the wa - ter, God's a - goin' - a trou - ble the wa - ter.

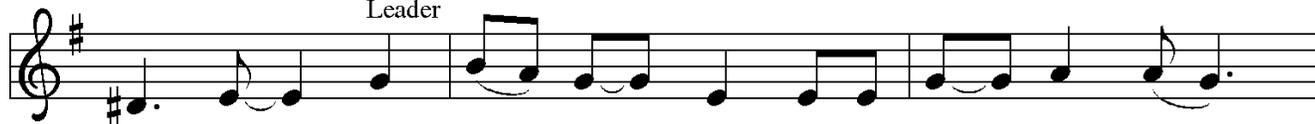
Leader

All



- 1 See that host all dressed in white,
- 2 See that band all dressed in red, God's a - goin' - a trou - ble the
- 3 Look o - ver yon - der, what do I see?
- 4 If you don't be - lieve I've been re - deemed,

Leader



wa - ter. the lead - er looks like the Is - rael - ite.
looks like the band that . . . Mo - ses led.
the Ho - ly Ghost a - com - ing on me.
just fol - low me down to . . . Jor - dan's stream.

All

Refrain



God's a - goin' - a trou - ble the wa - ter.

Text: African American spiritual

Music: WADE IN THE WATER, African American spiritual

*** APOSTLE'S CREED**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

*** PRAYERS OF INTERCESSION**

Reconciled by God's mercy and sustained by God's presence, let us pray for the world and its needs.

A brief silence.

O God, when suffering arises, preserve your church. Give to pastors, deacons, bishops, and all servants of your gospel the endurance that produces character and the hope that will never disappoint. Hear us, O God.

Your mercy is great.

When the waters run dry, sustain this earth. Send water to places languishing with drought (*especially*), and bring relief to places damaged by floods (*especially*). Hear us, O God.

Your mercy is great.

When quarrels ensue, soften our hearts. Quell hostilities between nations and peoples, and reconcile all humans across the lines of race, class, nationality, moral conviction, religion, and all else that divides or oppresses. Hear us, O God.

Your mercy is great.

When your people thirst, satisfy their needs. Send water and food to all who need nourishment. Grant welcome to all who are excluded. Show your mercy to any in need (*especially*). Hear us, O God.

Your mercy is great.

When we gather to worship, send us your Spirit. Renew our hearts through the joyful noise we make and bless the work of our church musicians and musical ensembles (*especially*). Hear us, O God.

Your mercy is great.

Here other intercessions may be offered.

O God, when death draws near, we rejoice in the promise of life with you. We remember all who have entered eternal rest, and we pray that you bring us the hope of sharing in your glory. Hear us, O God.

Your mercy is great.

Receive our prayers, O God, through Jesus Christ, our strength and salvation.

Amen.

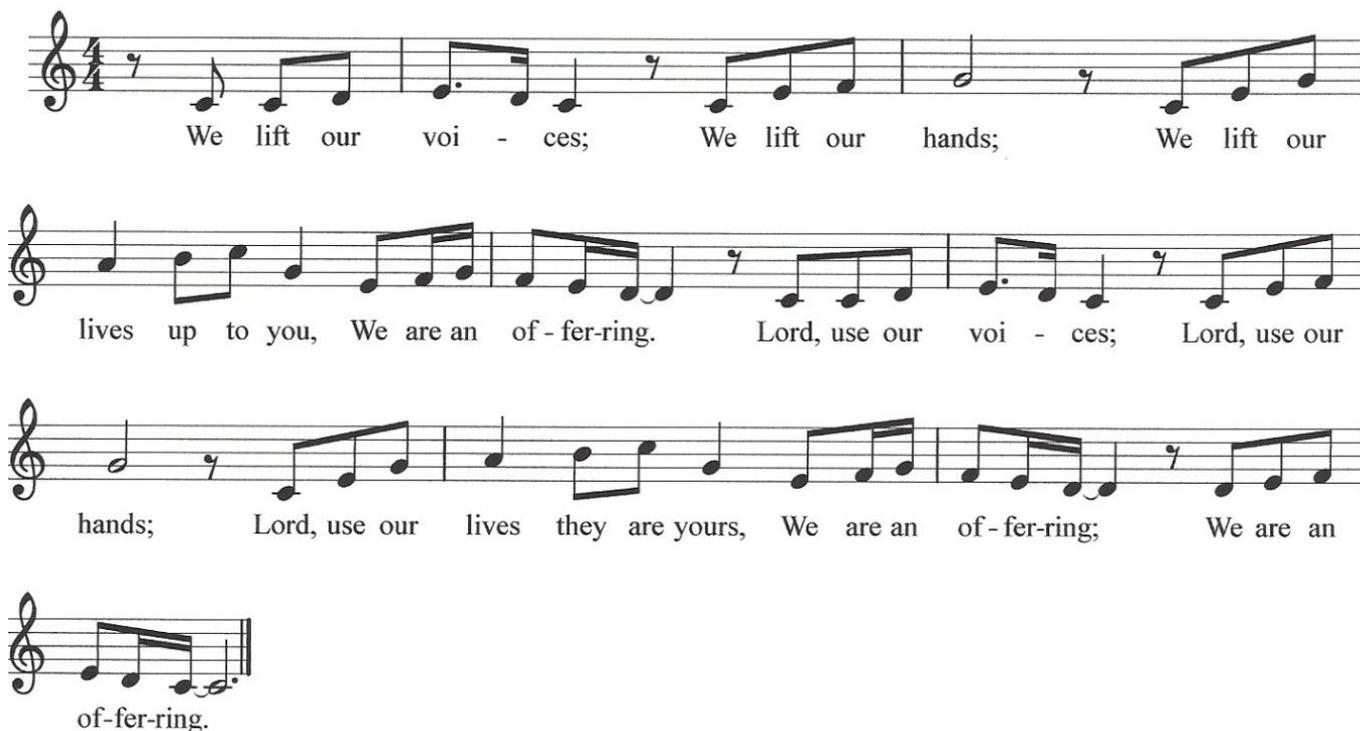
*** SHARING OF THE PEACE**

The Peace of the Lord be with you always.

And also with you.

OFFERING / SPECIAL MUSIC

* OFFERING SONG



We lift our voi - ces; We lift our hands; We lift our
lives up to you, We are an of - fer-ring. Lord, use our voi - ces; Lord, use our
hands; Lord, use our lives they are yours, We are an of - fer-ring; We are an
of-fer-ring.

* OFFERING PRAYER

Let us pray: O God, maker of heaven and earth, your steadfast love embraces all creation. You send rain and sunshine to nourish the earth and bring forth its bounty. Through these gifts of bread and wine, draw us into the death and life of your Son, who calls us to bear witness to his saving work. We ask this in Jesus' name. **Amen.**

* THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is indeed right and salutary... *(Here the minister continues with the preface appropriate to the day or season, concluding:)* we praise your name and join their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, Lord God of pow'r and might:
 Heav'n and earth are full of your glo - ry.
 Ho - san - na in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho - san - na in the high - est.

*** WORDS OF INSTITUTION**

With Thanksgiving, we remember that in the night in which he was betrayed, our Lord Jesus took bread and gave thanks, broke it, and gave it to the disciples saying: " Take and eat; this is my body given for you. Do this in remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: "This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this in remembrance of me." For as often as we eat of this bread and drink from this cup, we proclaim:
Christ has died, Christ is risen, Christ will come again. Amen.

*** THE LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen

*** INVITATION TO COMMUNION**

Come to the table. Feast on God's goodness and mercy. **We come.**

DISTRIBUTION OF HOLY COMMUNION

(BAPTIZED CHRISTIANS who believe that the risen Christ is present in the Eucharist to forgive sin and renew life are invited to either come to the altar area for communion as directed or share at your pew. If you come forward, you will receive the elements. If you choose to receive at your seat, please remain there, kneel as you are able, and receive the elements using the communion packets available from the ushers. If there are other special needs, please speak to an usher.)

*** POST COMMUNION BLESSING**

The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace. **Amen**

*** POST COMMUNION SONG**

Go, My Children, with My Blessing

The musical score is written on four staves in G major (one sharp) and 3/4 time. The melody is simple and repetitive, with lyrics written below each staff. The lyrics are: "Go, my chil - dren, fed and nour-ished, clos - er to me. Grow in love and love by serv - ing, joy - ful and free. Here my Spir - it's pow - er filled you, here his ten - der com-fort stilled you. Go, my chil - dren, fed and nour-ished, joy - ful and free."

*** PRAYER AFTER COMMUNION**

Let us pray: God of our salvation, we give you thanks for this meal that restores our souls, reconciles us to you, and strengthens us for the journey. Through the body and blood of your Son, may we become Christ's body in the world, bearing witness to your love for all creation, through Jesus Christ, our Savior and Lord. **Amen.**

*** BLESSING**

And now a blessing: Receive the blessing of the holy Trinity: God, who calls all things into existence, Jesus Christ, who redeems us, and the Holy Spirit, whose breath sustains creation, ✝ bless you now and always. **Amen.**

*** CELEBRATIONS!!!**

* CLOSING SONG

Guide Me Ever, Great Redeemer



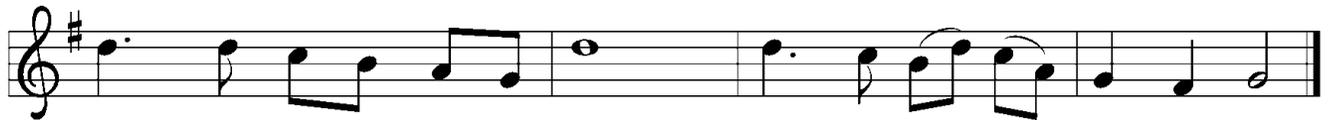
1 Guide me ev - er, great Re - deem - er, pil - grim through this
2 O - pen now the crys - tal foun - tain where the heal - ing
3 When I tread the verge of Jor - dan, bid my anx - ious



bar - ren land. I am weak, but you are might - y; hold me
wa - ters flow; let the fire and cloud - y pil - lar lead me
fears sub - side; death of death and hell's de - struc - tion, land me



with your pow'r - ful hand. Bread of heav - en, bread of heav - en,
all my jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,
safe on Ca - naan's side. Songs and prais - es, songs and prais - es



feed me now and ev - er - more, feed me now and ev - er - more.
shield me with your might - y arm, shield me with your might - y arm.
I will raise for - ev - er - more, I will raise for - ev - er - more.

Text: William Williams, 1717–1791; tr. William Williams and Peter Williams, 1722–1796, alt.
Music: CWM RHONDDA, John Hughes, 1873–1932

* SENDING

Go in peace. Believe the Good News.

Thanks be to God.

*Copyright © 2026 Augsburg Fortress. All rights reserved. Reprinted by permission under Augsburg Fortress Liturgies Annual License #SAS003599.
New Revised Standard Version Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission.
All rights reserved worldwide.
Revised Common Lectionary. Copyright © 1992 Consultation on Common Texts, admin Augsburg Fortress. Used by permission.*